

Dear Parents, Carers and Friends of Manford,

It has been a few weeks since my last newsletter and there have been lots going on in school. As we continue to revise our foundation subject curriculum the children have gained a renewed passion for learning. The classrooms and corridors look fantastic as we continue to raise the profile of writing across all subjects. We have recruited a fabulous group of parent volunteers who are working alongside class teachers to offer support in the classroom. We now have adults who are able to read daily with a group of identified children. Alongside this, almost every year group has at least one extra adult offering support. Attached you will find a snapshot of activities that have taken place this half term. At the end of our Good News Newsletter please take time to read some parent information relating to Online Safety. As the children move through the school their accessibility to information online increases, although much of the information is useful, children need to know how to access this safely. They also need to know how to keep themselves safe. Although we regularly teach children about this in school, it is equally important that this is reinforced at home. If you ever need support with securing your devices please contact the safeguarding team via the school office.

Before I close, I just want to thank our school community for your continued support and understanding. This week we have contended with snow days, public health announcements and disruptions to Christmas preparations. Any changes we make to the school day is for the safety, care and protection of your children and our staff. Paul and Erol have done a fantastic job this week clearing and gritting pathways throughout the school site so children and staff can enter the building safely. Support staff have been in early to ensure supervision along the pathways to classrooms and parents, children and staff have been flexible. This has meant limited disruption and very few, if any, accidents. The children have had a great week, they have enjoyed the snow, worked hard and are excited for Christmas - most importantly they feel happy, safe and cared for.

Look out for my Christmas edition of our Good News Newsletter next week.

Miss Osei

We welcome Philip A, Oliver B, Emanuela G, Tahsin M and Mary N and their families to Manford Primary school.

Wishing you lots of fond memories, we hope you feel happy and settled.



Believe in Yourself



Ali A – 1S
 Khadija A – 1A
 Alexander G – 1A
 Taylor-Mia M – 1A
 Milius R – 1A
 Dimitar S – 1A
 Manuela V – 1A
 Ivie A – 1A
 Binuli E – 1A
 Liam S – 1S

Mason D – Blue
 Ayan M – Blue
 Evie Q – Blue
 Diego R – Blue
 Aysel A – Red
 Demir B – Red
 Isaac B – Red
 Darius P – Red
 Louie-Albie – Red
 Skyla T – Red

Anastasia B – 6L
 Henry B – 6L
 David P – 6L
 Afenso R – 6L
 Alex D – 6C
 Arjelo G – 6C
 Disha G – 6C

Daniel A – 5W
 Patricia B – 5W
 Jessica F – 5W
 Goda P – 5W
 Jack S – 5W

Archie A – 5F
 Sadie D – 5F
 Santiago A – 5F
 Cruz C – 5F

Muhammad A – Pre-school
 Gloria G – Pre-school
 Nikoleta V – Pre-school



Dabina K – 4M
 Vilinus R – 4M
 Safeer F – 4M
 Diya G – 4M
 Ryan S – 4M
 Huzaifa A – 4W
 Fatima M – 4W
 Sofia M – 4W
 Derya I – 4W

Adheem Ali – 3A
 Caiden C – 3A
 Hristo D – 3A
 Maya L – 3A
 Temulin O – 3A
 Tolunay O – 3A
 Zahir P – 3A

Aroosh S – 3A
 Benjamin S – 3A
 Ayanna A – 3D
 Bogdan J – 3D
 D'Troit – 3D
 Georgi M – 3D
 Rishi S – 3D
 Ava P – 3D

Arianna A – 2C
 Khloe D – 2C
 Alexander G – 2C
 Zain M – 2C
 Shane W – 2C
 David M – 2C
 Anastasia M – 2C
 Daniel M – 2S
 Sally M – 2S



We hope you all enjoy a fantastic birthday!



Week ending 9th December

4W – 95.3%

6C – 94.4%

3D – 93%

Whole School: 88.1%



Safeguarding Lead: Miss Osei

Safeguarding deputies: Mrs James and Mrs Anderson



Lets not be bullies, lets be buddies!

- A pledge from each of us in the UK to Reach Out to someone would mean **68 million people** pledging to Reach Out to another person
- Can you imagine the **positive impact** this would have on society?
- **Will you pledge** to Reach Out to someone during Anti-Bullying Week 2022?
 - **Who will you choose?**
 - How will you **Reach Out** to them?

Miss Cornwell & Mr Hall

Antibullying

Reach Out And Make A Difference

Antibullying Pledge

A pledge from each of us in the UK to Reach Out to someone would mean 68 million people pledging to Reach Out to another person.

Can you imagine the positive impact this would have on society?

Will you pledge to Reach Out to someone during Anti-Bullying Week 2022?

How will you **Reach Out** to them?

Ask if they are okay?

Who will you choose?

Play kindly with someone

Encourage someone to speak out

Help someone who is struggling

Listen to someone

Fatima Y4

I would reach out to my friend Lariga, Oga, and my little brother. I would ask them: Do you want to play with me? Are you feeling alright? Do you want to share your feelings with me? Do you want to sit with me? Here, let me help you. Are you alone? Do you need help? Come and sit with me.

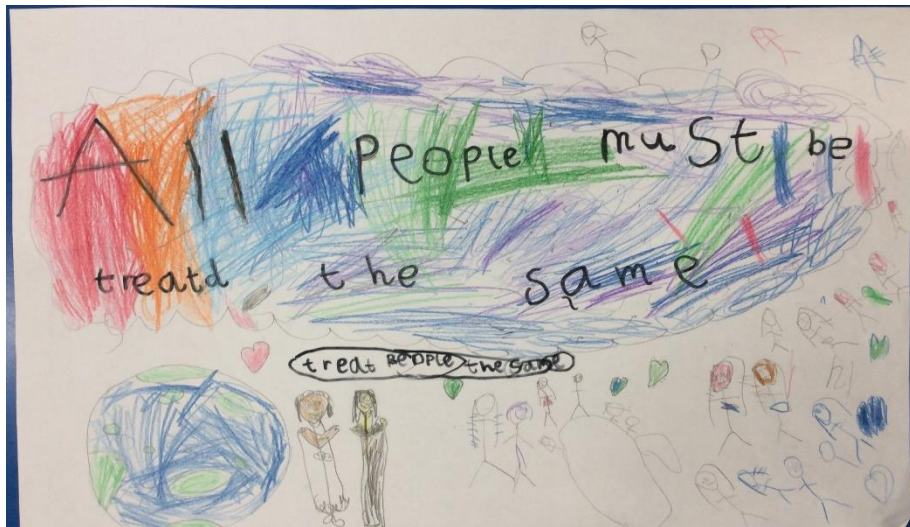
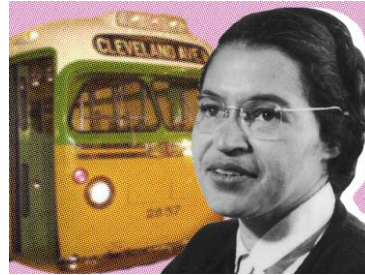
Gleb Y4



Sally Y2

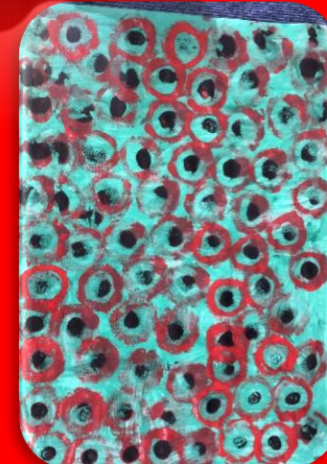


Year 1 have been learning about the importance of treating people fairly and with respect. They learned about the civil rights activist Rosa Parks and her determination to ensure racial equality after she refused to vacate her seat on a bus. The children were able to share their uniqueness with each other and looked at how they are the same and also how they are different.



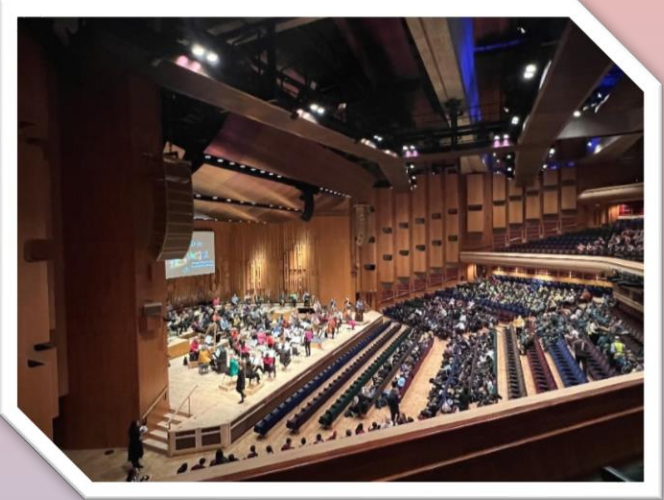
Year 2

The children created their own poppies, painted a battlefield filled with poppies and got to take the poppies home. They absolutely loved it!





Our musically talented children visited the renowned Barbican Centre to watch the famous London Symphony Orchestra.



The children thoroughly enjoyed their visit. They were truly inspired by the musicians and the various instruments played. They commented on how the performances stimulated their own creativity and musicianship.

Trip to The Barbican



Online Safety

December 2022

Password safety

We need to create passwords for everything these days and it is important that our children not only understand that they should not share passwords with others but also that they know how to create a 'strong' password to keep their information safe. As part of World Password Day, why not take the opportunity to talk to your child about this? You can learn more here:

<https://www.connectsafely.org/passwords/>

TikTok update

The NSPCC have created a news article discussing if TikTok is safe for children and provides an overview of how to keep your child safe on TikTok using their safety settings. Read the article here:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/child-safe-settings-tiktok>

TikTok have also created a Guardian's Guide designed to provide an overview of TikTok and the tools and controls available:

<https://www.tiktok.com/safety/en/guardians-guide/>



Social Media update

There are several different social media platforms that your child might be on or wanting to join such as Instagram and Snapchat. Social Media platforms are used to share pictures and communicate with others. It is important to review each individual platform to see what age your child should be to access them and to set appropriate privacy settings. It is also important to talk to your child about information they should keep private.

Is your child ready for social media?

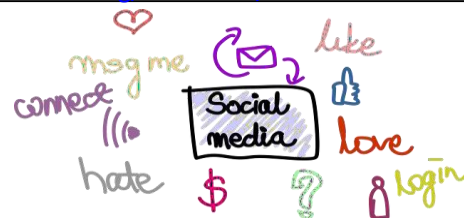
This article looks at the risks that you need to consider as well as advice on how to get started:

<https://www.thinkuknow.co.uk/parents/articles/is-my-child-ready-for-social-media/>

Further information

Visit the Social Media Advice hub from Internet Matters to learn more:

<https://www.internetmatters.org/resources/social-media-advice-hub/>



New CyberSprinters activities (7 – 11 year olds)

The National Cyber Security Centre have released a new set of activities and interactive stories. As well as the original CyberSprinters game (<https://www.ncsc.gov.uk/collection/cybersprinters>), you can now access puzzles that you can solve with your child and read interactive stories together. These activities are available here: <https://www.ncsc.gov.uk/collection/cybersprinters/home-activities>.

These resources will encourage conversations about how we can keep our information secure online.

Pop Ups / Adverts

When your child is playing on certain games or is on social media, they may see adverts / pop up adverts. The content in these adverts may not always be appropriate to them, particularly if clicked on.

It is important to talk to your child about adverts and to think about what they are clicking on before they do and if they are unsure to either ignore them or to check with a trusted adult.

Further information

<https://www.childnet.com/help-and-advice/security/pop-ups-adverts/>



Online Sexual Harassment

Talking to our children about online sexual harassment can be difficult which is why the Children's Commissioner have produced a guide to help you. The guide focuses on several topics that can often be difficult to talk about with our children such as body image and peer pressure.

Through the work of the Children's Commissioner, they found that we should start these conversations early, introducing topics in an age-appropriate manner before a child is given a phone or a social media account (often around the age of 9 or 10). The guide is a 'starting point' and includes further links to other resources, young peoples' views and top tips from 16–21 year-olds. The guide and further information can be found here:

<https://www.childrenscommissioner.gov.uk/report/talking-to-your-child-about-online-sexual-harassment-a-guide-for-parents/>

Games from Childline

Childline have created some online games that your children can play including arcade style games and relaxing games. You can find them here:

<https://www.childline.org.uk/toolbox/g>

Search Engines

Parent Zone have published this article explaining what you need to know about safer searching and what you should consider. Read the article here:

<https://parentzone.org.uk/article/search-engines-what-you-need-to-know>

Does your child wear an Apple watch to school? Do they know how to turn it to the appropriate setting for school?

Apple offers two options:

- **Do Not Disturb mode** - turns off all alerts.
- **Theatre Mode** - enables silent mode and stops the watch display from waking when you raise your hand.

Family Setup

Family Setup can be used to set up an Apple Watch for a child that does not have their own iPhone. Once set up, there is a Schooltime option, which when activated displays a yellow circle on the watch to easily show that access to apps is restricted and Do Not Disturb is switched on. You can set the schedule for Schooltime on your iPhone. Find out more here:

<https://support.apple.com/en-gb/HT211782>

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0–25 living in Redbridge?

JOIN OUR FREE WEBINARS!

Ultimate Parent Teacher Guide to SEND Appeals & Tribunals
Thursday 5th January 2023 at 8pm

How to improve your child's Executive Functioning Skills
Tuesday 10th January 2023 at 8pm

Dyspraxia (Developmental Coordination Disorder) – an Introduction
Monday 16th January 2023 at 7pm

Precision Teaching – Sight Words to Fluency
Wednesday 18th January 2023 at 7pm

Ultimate Guide to explaining Anxiety to Children with Coping Strategies
Thursday 26th January 2023 at 8pm

Graphic Facilitation – using Dual Coding to support Learning
Tuesday 31st January 2023 at 7pm

Please check EPT Facebook page for further details.

Please join EPT free membership and book the webinars by text or email.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk



07486 880 799
07486 880 646

FOLLOW US ON FACEBOOK: Empowering Parents Together – Redbridge

FOLLOW US ON TWITTER: @EPT_Redbridge



Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?

Do you want your voice heard?

Upcoming COFFEE MORNINGS

Time: 10am – 12noon

DATE: FRIDAY 13TH JANUARY 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: WES STREETING MP

DATE: MONDAY 16TH JANUARY 2023

VENUE: THACKERAY DRIVE CHILDREN'S CENTRE

GUEST: AUTISM SPECIALIST TEACHER

DATE: TUESDAY 24TH JANUARY 2023

VENUE: ST JOHN'S COLLEGE OPEN DAY

DATE: WEDNESDAY 25TH JANUARY 2023

VENUE: NEWBURY HALL CHILDREN'S CENTRE



Come along and meet other parent carers, share experiences, signposting and gain mutual support.

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Do you want your voice heard?

Upcoming COFFEE MORNINGS

Time: 10am – 12noon

DATE: FRIDAY 3RD FEBRUARY 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: PAUL ALLEN, CHIEF EXECUTIVE OF VIBRANCE

(Short breaks, Outreach, Residential, & Day Services)



DATE: THURSDAY 23RD FEBRUARY 2023

VENUE: ALBERT ROAD CHILDREN'S CENTRE

GUEST: AUTISM SPECIALIST TEACHER



DATE: WEDNESDAY 1ST MARCH 2023

VENUE: HAINAULT CHILDREN'S CENTRE

DATE: THURSDAY 16TH MARCH 2023

VENUE: ALBERT ROAD CHILDREN'S CENTRE

DATE: WEDNESDAY 22ND MARCH 2023

VENUE: GEARIES CHILDREN'S CENTRE

GUEST: AUTISM SPECIALIST TEACHER

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