

Sports Premium Statement 2022-2023

Physical Education mission

In line with our Rights Respecting agenda, at Manford Primary School our vision for Physical Education (PE) is that every child should have the opportunity to develop their physical confidence and competence in order to enjoy being physically active. This should empower children to make life-long good healthy physical choices, thus providing them the ability to decide which activities they will pursue in later years.

We aim for all of our children to be moderately active for 4 hours and 15 minutes per week whilst at school. This time represents 61% of their total NHS recommended time a child should be physically active-60 minutes per day. This figure is for all children and does not include before and after school PE clubs and walking to and from school.

We also strive to give as many children as possible the opportunity participate in sport competitions during their school life, giving them the experience of what competition feels like, what is possible when part of a team, and to be able to win and lose with equal grace. We also encourage our children to consider personal bests - reflecting on goals and how they can strive to improve their personal physical fitness.

Key achievements 2022/2023	Areas to Improve 2022/2023
<ul style="list-style-type: none">• The integration of the curriculum across the school.• Sports week where children chose sports for a week.• The development in teachers delivering lessons competently.• The range of skills and knowledge been learnt by children.• The bike ability club.	<ul style="list-style-type: none">• The opportunity for children to engage in inter competition.• The opportunity for children to engage in intra competition.

Schools must use the funding to make additional and sustainable improvements to the quality of Physical Education, Sport and Physical activity (PESPA) on offer. The sports premium funding for 2020/2021 is £21,000 - The information below explains how this funding is planned to be used at Manford this year:

Activity	Cost	Explanation	Intended Outcomes	Impact and Measures
To increase the hours spent on physical activity through the enhanced PE curriculum and provision	£4,000	To ensure children are active for more hours in a week. To participate in a range of internal and external competitions	Children have more opportunities to compete - building resilience and teamwork skills. More children are active and are NHS targets physical activity time. To improve the well being of students through competing and developing confidence.	Learning walks show that the quality of clubs. Measure they take up of after school clubs. Pupil voice to measure the value of their experiences.
To improve the play equipment on offer for the children at	£2,000	To further support positive interactions between children and their peers there will be a wide range of resources and equipment	To engage children at break and lunch times and encourage them to be active. A wide range of equipment,	A wide range of new and engaging equipment enables children to play and be active all year round.

break and lunch times		to create interest in different physical activities.	linked to different areas of the PE curriculum will be on offer	<p>Positive interactions between children have increased as conflicts go down.</p> <p>Observations of break and lunchtimes show that children's team and group participation have increased.</p> <p>Children will have a love of other sports instead of the just football.</p>
Children have the opportunity to learn new skills through the use Fairlop Waters Outdoor Adventure activities.	£5,000	Children from years 4 to six will be able to visit the Centre. Year 4 will Kayak Year 5 canoe and Year 6 sailing.	<p>Teamwork and independence will develop through navigating a raft in an unfamiliar setting (water).</p> <p>Problem solving will develop by learning how to steer a raft, as a team, in a variety of weather conditions.</p> <p>Children will have the opportunity to develop water safety skills at an advanced level for their specific age group.</p>	<p>Increased physical activity: forty-minute brisk walk to and from the venue plus fifty minutes on the water will extend the 2 hours timetabled activity per week.</p> <p>This is an ongoing yearly activity where the vast majority of children thoroughly enjoy this activity. Therefore, expect the same level of pleasure this year.</p>
Swimming	£3,500	The school will continue to provide swimming lessons for year 4 and top up top up	Year 4 will spend a term swimming as this is the best age to learn the basics and hopefully develop more	All children leave the school being able swim at least 25m unaided.

		<p>lessons in year 6, this will allow children to:</p> <p>Be part of water safety sessions; Gain confidence in the water; develop essential life skills; learn to swim competently and confidently over a distance of at least 25m; use a range of strokes effectively</p>	<p>advanced club swimmers through the connection with Redbridge swimming club.</p> <p>The non- swimmers in year 6 will benefit from top lessons to ensure they develop their water confidence and key swimming skills.</p>	
Provide cover for CPD	£2,500	To improve the effectiveness of delivery in sport - thus improving the skills and development of staff	<p>To ensure teachers maximise their skills in PE and are able to deliver high quality lessons</p> <p>Key staff will be targeted for additional CPD opportunities</p>	Further develop the whole school ability to confidently teach high quality Physical Activity sessions.
Provide cycle training sessions through a fully qualified staff member	£4,000	<p>Teaching of younger children to develop cycle confidence and gross motor functions.</p> <p>To teach older children in essential basic physical skill, which will become more important as cycling will be one of the most</p>	<p>To teach younger children to use a balance bike and improve their confidence in riding a bike</p> <p>To provide top up sessions so all children can ride with a basic level of confidence.</p>	<p>All reception children are provided with sessions to learn how to ride balance bikes.</p> <p>All children leaving the school will be able to ride a pedal bike.</p>

		popular modes of transport in the future.		
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