

Eat them to defeat them

The latest national campaign to encourage children to eat more fruit and veg starts on 19th Feb. Manford is taking part this year for the first time-starting straight after half term on 26th Feb. Look out for children bringing home their packs, collecting their stickers and some special events in school.



More information can be found [here](#)

Your children are putting themselves at risk

We are having increasing reports from children and from parents about our children:

- being bullies in whatsapp groups, targeting children and saying some terrible things
- daring each other to engage in negative behaviours which they know are wrong-again in whatsapp
- making offensive and threatening comments and videos about children
- sharing sexually inappropriate images of themselves

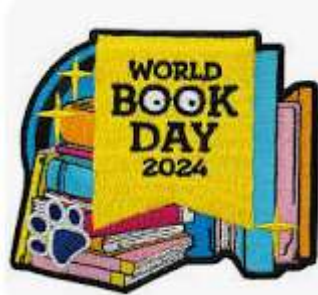
We always respond to these and have had to contact the police regarding the behaviour of some children. Please check your child's phone regularly. Whatsapp is the biggest problem and is rated 16- **for users over 16 only**-so your primary aged children should not be using it. There is a lot of information on our [website](#) about how to set parent controls and what to do if you are concerned. I have also included the Whatsapp guide with this newsletter. This week we marked Safer Internet Day and you will have received detailed information from Mrs James.

Parents' Evenings

Many thanks to all parents who were able to come and meet teachers for updates on progress. If you haven't managed to meet with your child's teacher, we can arrange a phonecall or an appointment on another day. Unfortunately, Miss Bashir (5B) was unwell and we will contact the parents of children in 5B to rearrange.

World Book Day and parent information session

Once again we are celebrating World Book day at Manford, this year it is on Thursday 7th



March. More information will follow, but I have booked someone to come and run an online safety presentation for parents. This will be from 6pm until 7pm, whilst your children have a bedtime story event with staff. The presentation is really important but will not be suitable for children. I would urge you all to attend.

Midday Assistant Advertisement

We are currently advertising for staff to work in the dining room and on the playground at lunchtimes. More information can be found [here](#)

What's been happening in school?

- All budding footballers have agreed and signed football contracts
- Steel pan tuition continues on Mondays
- 10 children have been selected to have their work displayed at Chigwell School's Exhibition 2024. You can go and see the exhibition at the Chigwell School between 24th Feb and 21st March 10am-5pm. Call 0208 501 5740 to arrange.
- Year 4 have been improving their swimming
- A group of children enjoyed a Judo event at Caterham
- Our Young Scholars have submitted their assignments to their PHD tutor-we are now planning to take them to a 'Graduation' at the Courtauld Institute of Art during half term
- Children have enjoyed after school clubs, cooking, sports, textiles and book lovers to name a few
- Years 3 and 4 have been taking part in Bikeability lessons to help them keep safe when they are out and about
- We have engaged with Children's Mental Health Week and Safer Internet Day

Dates for your diary

Tuesday 13th Feb-Pancake Day-special dessert for School Lunch

Wednesday 14th Feb- Reception Valentines performances

Thursday 15th Feb-Dental team in for Preschool/Rec/Y1 fluoride treatment

Thursday 15th Feb-Year 4 visit to Synagogue

Friday 16th Feb- school closes for half term-3.15pm

Wednesday 21st Feb-Scholars Programme University visit

Saturday 24th Feb to 21st March-Art Exhibition at Chigwell School

Monday 26th Feb-'Eat Them to Defeat Them' campaign begins

Tuesday 27th Feb- Book fair begins after school

Thursday 7th March- World Book Day (Y1 visiting Hainault library)

Thursday 7th March-Bedtime stories event and Online Safety presentation for parents (details to follow)

Thursday 7th March Young carers and Performing Arts group attending Bancroft's School (details to follow)

Thursday 28th March School closes for Easter-**2pm**

Thursday 2nd May-Polling Day- only Year 6 pupils in school