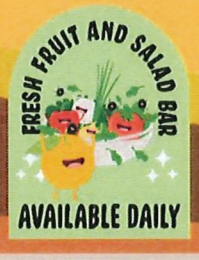
# WEEK 1 MENU

PLATES FOR OUR PLANET

**Weeks Commencing:**
02/11/26, 23/11/26, 14/12/26, 04/01/27, 25/01/27, 15/02/27, 08/03/27

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Quorn Burger with Sticky BBQ sauce and Garlic & Herb Potato | Rainbow Stir Fry | Quorn & Veggie Pie | Three Bean Chilli with Mexican Rice | Quorn Dippers with Chips & Ketchup |
| Beef Burger with Sticky BBQ sauce and Garlic & Herb Potato | Beef Penne Bolognese with Garlic Bread | Roast Chicken with Roast Potatoes, Gravy & Yorkshire Pudding | Margherita Pizza with Garlic & Herb Potatoes | Breaded Fish with Chips & Ketchup |
| Coleslaw & Sweetcorn | Mediterranean Veggies & Green Beans | Broccoli & Carrots | Peas & Sweetcorn | Peas & Baked Beans |
| Orange & Lemon Drizzle Cake | Apple Crumble with Custard | Strawberry Jelly with Peaches | Chocolate Sponge | Oat Dream Cookie |



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

**Menu Key:**
- Plant Based
- Vegetarian
- At least 1 of your 5 a day
- Boosted
- Low Carbon
- Halal option available upon request

# WEEK 2 MENU

PLATES FOR OUR PLANET

**Weeks Commencing:**
09/11/26, 30/11/26, 21/12/26, 11/01/27, 01/02/27, 22/02/27, 15/03/27,

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Quorn Sausage with Mashed Potato & Gravy | Creamy Macaroni Cheese with Garlic Bread | Veggie Puff Squares | Chef's Special Pasta Bolognese | Veggie Chilli Fajita with Chips & Ketchup |
| Chicken Sausage with Mashed Potato & Gravy | Chicken & Sweet Potato Curry with Rice | Roast Beef with Roast Potatoes, Gravy & Yorkshire Pudding | Margherita Pizza with Garlic & Herb Potatoes | Fish Fingers with Chips & Ketchup |
| Red Cabbage & Sweetcorn | Steamed Greens & Cauliflower | Carrots & Green Beans | Coleslaw & Sweetcorn | Baked Beans & Peas |
| Vanilla Ice Cream | Pineapple Upside Down Sponge Cake | Chocolate Shortbread | Peaches with Custard | Lemon & Courgette Muffin |

YOGHURT AND A GLASS OF MILK AVAILABLE EVERY DAY

FRESH FRUIT AND SALAD BAR AVAILABLE DAILY

FRESHLY BAKED, PLANT BASED BREAD SERVED DAILY

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**Menu Key:** Plant Based · Vegetarian · At least 1 of your 5 a day · Boosted · Low Carbon · Halal option available upon request

# WEEK 3 MENU

PLATES FOR OUR PLANET

**Weeks Commencing:**
16/11/26, 07/12/36, 28/12/26, 18/01/27, 08/02/27, 01/03/27, 22/03/27

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| White Pizza Baguette with Pesto Pasta Salad | BBQ Veggie Strips with Spicy Rice | Sweet Chilli Stir Fry with Noodles | Quorn Meatballs in Rich Tomato Sauce & Penne Pasta | Little Heroes Lasagna with Tomato Focaccia |
| Chicken & Sweetcorn Meatballs in Rich Tomato Sauce & Penne Pasta | Mexican Chicken Wrap with Spicy Rice | Roast Chicken with Roast Potatoes, Gravy & Yorkshire Pudding | Margherita Pizza with Garlic & Herb Potatoes | Fish Fingers with Chips & Ketchup |
| Veggie Medley | Coleslaw & Mexican Sweetcorn | Broccoli & Roasted Parsnip | Sweetcorn & Herby Greens | Peas & Baked Beans |
| Chocolate & Beetroot Brownie | Eve's Pudding with Custard | Shortbread | Strawberry Jelly with Peaches | Iced Bun |

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**Menu Key:**
- Plant Based
- Vegetarian
- At least 1 of your 5 a day
- Boosted
- Low Carbon
- Halal option available upon request